

Sunrise Mountain HS Distance Learning Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
7:50 AM - 8:00 AM	Morning Check-in and Announcements				
8:00 AM. - 8:40 AM	Real-Time Lesson Period 1	Real-Time Lesson Period 2	8:00 AM - 8:20 AM Period 1 Check-In / Independent Work	Real-Time Lesson Period 1	Real-Time Lesson Period 2
8:40 AM. - 9:00 AM	Independent Work and Small Group Support Period 1	Independent Work and Small Group Support Period 2	8:25 AM - 8:45 AM Period 2 Check-in / Independent Work	Independent Work and Small Group Support Period 1	Independent Work and Small Group Support Period 2
9:10 AM - 9:50 AM	Real-Time Lesson Period 3	Real-Time Lesson Period 4	8:50 AM - 9:10 AM Period 3 Check-in / Independent Work	Real-Time Lesson Period 3	Real-Time Lesson Period 4
9:50 AM - 10:10 AM	Independent Work and Small Group Support Period 3	Independent Work and Small Group Support Period 4	9:15 AM - 9:35 AM Period 4 Check-in / Independent Work	Independent Work and Small Group Support Period 3	Independent Work and Small Group Support Period 4
10:10 AM - 11:00 AM	Virtual Office Hours and/or Independent Work		9:40 AM - 10:00 AM Period 5 Check-in / Independent Work	Virtual Office Hours and/or Independent Work	
11:00 AM - 11:40 AM	Real-Time Lesson Period 5	Real-Time Lesson Period 6	10:05 AM - 10:25 AM Period 6 Check-in / Independent Work	Real-Time Lesson Period 5	Real-Time Lesson Period 6
11:40 a.m. - 12:00 p.m.	Independent Work and Small Group Support Period 5	Independent Work and Small Group Support Period 6	10:30 AM - 10:50 AM Period 7 Check-in / Independent Work 11:00 - 12:00 PM Independent Work	Independent Work and Small Group Support Period 5	Independent Work and Small Group Support Period 6
12:00 p.m. - 12:30 p.m.	Lunch for all Students and Staff				
12:30 p.m. - 1:00 p.m.	Wellness Check and/or Independent Work				
1:10 p.m. - 1:50 p.m.	Real-Time Lesson Period 7	Independent Work	Independent Work	Real-Time Lesson Period 7	Independent Work
1:50 p.m. - 2:10 p.m.	Independent Work and Small Group Support Period 7			Independent Work and Small Group Support Period 7	

School Office Hours: 7:30 AM - 3:30 PM